



Dutch Yoga Festival 2021: practical information

The 14th Dutch Yoga Festival on the island Terschelling is from 25-27 June 2021.

The main program begins on Friday with an Opening Ceremony at 18.00 and ends on Sunday 15.00 with the Closing Ceremony. You are welcome on Friday after 13.00.

Extend your yoga holiday

If you like to stay longer you can register for the Pre festival program from Thursday 24 June and/or for an extra night and day till Monday 28 June. When [registering](#) on the website you can choose for these extra options. If you choose the pre program you can arrive Thursday after 13.00.

Festival location

The festival is on camping site 'De Kooi' in Terschelling-Hee situated among dunes, forest and next to a sweet water lake which is suitable for swimming. The wide sandy beach is at 15 minutes cycling distance. Practice yoga in the islands pure nature at the sea side or in the dunes. Festival tents are also set up for the practice of yoga, workshops, live music and for eating vegetarian meals together. Yoga for everybody: children, beginners and experienced practitioners.

Your stay

The festival fee is included staying in your own tent on the festival site. Or you can rent a tent and a sleeping mattress when you [book the festival](#). About 95% of the participants stay on the festival site.

Staying elsewhere

The festival fee remains the same, when staying elsewhere. Because you make use of the camping facilities during the festival. Check this [information](#) for accommodation in the neighborhood of the festival site (the village: Hee) in one of the nearby hotels, guesthouses or caravans.

Travel

By car: to travel to Terschelling take the ferry from Harlingen which is about 100 kilometers north of Amsterdam and 120 km from Schiphol, the airport of Amsterdam. In whole Harlingen parking is forbidden except at the paid parking places in the city center! The car parking area in Harlingen is about 8 minutes walking and costs from € 6,- a day. See [information](#) about long term parking in Harlingen.

By train: disembark the train at station Harlingen Haven which is about 5 minutes walking from the ferry terminal. Online booking and [information](#) of train tickets.

Train tickets are also available from:

- the yellow ticket machines on every train (NS) station;
- Doeksen Ferry Terminal in Harlingen;

By bus: there are also bus connections from Alkmaar en Hoorn, in the north of the Netherlands, to Harlingen Haven. You can also travel from Amsterdam. For bus information please check: www.connexxion.nl. See [here](#) for more public transport information.

Ferry tickets: normal or expres ferry

We recommend to book your ferry ticket well in advance because of limited availability! Online information & reservation: www.rederij-doeksen.nl. After online payment you will receive your ferry tickets by email. More information you can call on weekdays from 8:45 until 18.00: +31 900-3635736 or +31 562 442 002. Email: info@rederij-doeksen.nl. Tickets are also available at the ferry terminal, only if the ferry is not fully booked.

The express ferry takes about 45 minutes, the normal ferry takes about 2 hours.

If you take the 15.00 normal ferry or the 15.30 express ferry you will be in time for the Opening Ceremony of the festival. However we advise to take a ferry earlier!

To attend the Closing Ceremony at Sunday we advise you to take the (express) ferry at 17.30 or later so and don't have to rush to the boat afterwards.

Upon arrival on Terschelling

A rental bike is reserved for you at [Fietsverhuur Tijs Knop](#) at Torenstraat 10-12, also when you arrive with the last ferry. Walking from the harbor you will find the Torenstraat when you follow the street leading to the light house. The bike rental will take your luggage to the

festival site or wherever you stay free of charge. If you travel to the festival site directly, please bring your yoga stuff, plate, cutlery and cup.

The festival site

The festival is held on [Camping site De Kooi](#) in Hee. The festival entrance is on your right, about 50 meters after the camping's main entrance. The [address](#) is Heester Kooiweg 20, 8882 HE Terschelling-Hee, telephone: +31(0)562-442743.

Would you like to stay in a [luxurious safari tent](#)? Please contact the camping reception for availability, price and reservation. Please note: the festival fee stays the same when you rent a safari tent!

Important telephone numbers

Health care center West-Terschelling, Duintuin 3, phone: +31(0)562-442181.

Emergencies: +31(0)562-443333.

Health care center Midsland, Westerdam 31, phone: +31(0)562-448703.

Emergencies: +31(0)562-448222.

How to reach the festival site, check also: [the map](#).

- If you come by **bicycle**: after picking up your bike from the bike rental, walk back in the direction of the ferry terminal. Take the Willem Barentszkade along the Wadden Sea to the left in the direction of Midsland. You pass the club house of the diving club, then the colored barrels of Rijkswaterstaat, take a right here onto the bike lane, passing the marina; after a few hundred meters at the junction take a left and follow the bike lane upwards past the white building of the StayOkay Youth Hostel. Follow the bike lane along the Hoofdweg and through Halfweg. After 1 km take the exit Badweg to West aan Zee, take a left here and cross the Hoofdweg. After about 50 metres take a right at intersection Duinweg Halfweg. The forest is on the left now, a camping site is on your right. After about one kilometer you pass the dune lake of Hee. Cycle until the T-section and take a left after the lake. On the right you see Camping De Kooi. The entrance of the Yoga Festival is 50 meters after the main entrance of Camping De Kooi on the right side of the road the last entrance.
- Recommended route by **car**: drive east on the Willem Barentszkade in the direction of Midsland. Follow the Hoofdweg and pass the village of Halfweg. At the end of the village you see the pizzeria Isola Bella at your right. After about one kilometer you

take the second road to the left at the sign 'Camping De Kooi'. The festival entrance is at the end of this road, the last entrance to the right at the foot of the dunes.

- By **public bus**: embark the bus at the bus station in front of the ferry terminal. Disembark at bus stop Terschelling-Hee, then by foot from Hoofdweg as described above.

Please note: Yoga Festival entrance!

The festival entrance is on your right, about 50 meters after the camping's main entrance and the last entrance of the road.

Checklist:

- Confirmation email and proof of payment, when you registered after 21 june
- Tent and sleeping mat (if you didn't reserve them)
- Sleeping bag
- Flashlight
- Yoga mat and if you wish, blanket, meditation pillow/block/strap
- Plate, bowl, drinking mug, cutlery
- Toiletries
- water- and/or thermos bottle
- Swim wear and towel
- Easy clothing for yoga practice
- Warm clothes (preferably layers) and hiking- or sport shoes
- Pen and paper
- Small back pack
- Insect (mosquito, tick) repellent lotion or stick
- Sun screen
- Rain coat/umbrella
- Printed [Festival program schedule](#) and -information ([see downloads](#)) to take with you. Latest version one week prior to the festival.

Yoga advice

Yoga for balance, vitality and relaxation. Although the (yoga) classes are taught by professional and experienced (yoga) teachers it is your own responsibility to practice yoga consciously. Participating in (yoga) classes and/or -workshops is fully at your own risk.

The organization of the Dutch Yoga Festival does not take any liability for injury due to participating in the (yoga) classes and/or -workshops.

Please consider your own limits and don't do anything which is not good for you.

As a beginner, don't participate in an advanced class, but choose a class which is indicated yellow in the program and suits your yoga experience and physical condition.

If there are any personal circumstances which may influence your yoga practice, please contact the teacher prior to the class and take care yourself as well.

First Aid

At the Festival there is professional and experienced first aid staff to take care of you in case of emergency, need or psychological discomfort. The staff, friendly ladies, are also always open to talk or listen to what you would like to share. The First Aid (indicated with a red cross on the [Festival Map](#)) is located next to the Information tent.

Information

For more information or questions you are always welcome at the [information tent](#). The lost & found are also here. And if you like to have a chat or want to share something please feel free to come to the Information tent, located at the corner opposite the kitchen and next to the First Aid. The organization, yoga teachers and volunteers, are there for you.

Questions?

Please check [downloads](#) for relevant festival information.

Contact: Dutch Yoga Festival Foundation

From a week prior to the festival we are not able to check our mail regularly.

If you would like to contact please call or send an sms.

Website: www.yogafestivalerschelling.nl

E-mail: info@yogafestival.info

Telephone: +31(0)619419538

Dutch Yoga Festival Foundation,
Peter van der Burg & Team Communicatie



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